

Sixty Days of Purity: A Training Program For The Sin-Stuck

“Purity: It’s Worth Fighting For”

January 27, 2008 * 2 Corinthians 6:14-7:1

“...let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.” ~ 2 Cor.7:1

I. Explaining The Title Of This Teaching Series

A. “Sixty Days...”

1. What’s the point of the 60 days?

B. “...Of Purity...”

1. What is purity?

2. When we’re stuck in sin, is the main problem that we love our sin too much?

C. “...A Training Program...”

1. Sin is to be repented of, but it is also to be _____.

2. What makes this possible?

D. “...For The Sin-Stuck”

1. Sin by its very nature is _____, (John 8:34)

2. There are 2 primary reasons we get stuck in sin:

a. We have a _____ nature.

b. We have an _____ nature.

II. Why Should We Fight For Purity?

1. Jesus _____ to make us pure.

2. Our bodies are _____ of the Holy Spirit.

3. God _____ us to be holy.

4. God _____ us to be holy.

5. We will be sinless in heaven; God expects us to move in that direction _____.

6. It is _____ that we are saved.

7. To not fight for purity is to _____ the grace of God.

8. Purity leads to a _____ life in the end.

9. Purity is _____ behavior. Sin is _____ behavior.

10. All impurity will be _____ by God’s wrath.

11. Purity makes us more _____ to God.

12. It is the only way we will _____ God.

III. Projects For The Week:

1. Memorize 2 Corinthians 7:1.

2. Identify where you are sin-stuck. Be ruthless & honest. Bring these behaviors to God, and lay them at his feet for the next 60 days.

3. In your daily quiet times with God, ask Him to show you why you struggle in these areas. Write down what you believe He is sharing with you.

3. Each day, review the 12 reasons why purity is important.

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“...let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.” ~ 2 Cor.7:1

I. Explaining The Title Of This Teaching Series

A. “Sixty Days...”

1. What’s the point of the 60 days?

If a person addicted to a sinful thought or action is honest with himself or herself, the thought of actually living free of this behavior seems impossible. However, if we maybe shorten the goal a bit – instead of aiming for lifelong transformation, we shoot for a weekend of doing without this behavior, or maybe a week of pulling in the reins, then why not a month or better yet, two months – well, that becomes somewhat attainable.

B. “...Of Purity...”

1. What is purity?

Purity is wholeness, wholesomeness, unity and integrity of heart, cleanness, it’s the state of being undefiled, it’s holiness.

2. When we’re stuck in sin, is the main problem that we love our sin too much?

The greatest problem when we get sin-stuck is not that we love our sin too much, but really it’s that we love God too little. Jesus said, “If you love me, you’ll obey me.” The end goal of growing in holiness is to allow your heart to become so enraptured by love for Christ, that the very thought of giving in to sin becomes as detestable to you as eating dog food. Holiness, seen properly, is not drudgery.

C. “...A Training Program...”

1. Sin is to be repented of, but it is also to be unlearned.

2. What makes this possible?

This opportunity exists only because of the cross of Christ. Think of it – because Jesus died for me on the cross, I am now given the space and time to work out a salvation that is already in my possession. What’s more, I don’t have to worry about the fact that if I mess up one day I’m out of the kingdom and if I perform well the next, I’m back in. Christianity doesn’t work like that. The cross of Christ is the most amazing gift you and I will ever be given. It takes all the pressure off of having to measure up to God’s standards (because Jesus has done what I never could do, and secured for me God’s radical acceptance). But it also provides me with the most potent motivation for running after God’s standards with all the effort I can muster.

D. “...For The Sin-Stuck”

1. Sin by its very nature is addictive. (John 8:34)

2. There are 2 primary reasons we get stuck in sin:

a. We have a sin nature.

b. We have an untrained nature.

II. Why Should We Fight For Purity?

1. Jesus died to make us pure.

Eph.5:25; Titus 2:14

2. Our bodies are temples of the Holy Spirit.

1 Cor.6:19

3. God created us to be holy.

Ephesians 1:4

4. God commands us to be holy.

1 Peter 1:14-15

5. We will be sinless in heaven; God expects us to move in that direction now.

1 John 3:2-3

6. It is **proof** that we are saved.

Matthew 7:21, Matthew 3:8

7. To not fight for purity is to **abuse** the grace of God.

Jude 4; Romans 6:1

8. Purity leads to a **better & happier** life in the end.

Deuteronomy 6:24

9. Purity is **royal** behavior. Sin is **animal** behavior.

1 Peter 2:9

10. All impurity will be **destroyed** by God's wrath.

Romans 1:19; Matthew 13:41

11. Purity makes us more **useful** to God.

2 Timothy 2:20-21

12. It is the only way we will **see** God.

Matthew 5:8; Hebrews 12:14

III. Projects For The Week:

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3. In your daily quiet times with God, ask Him to show you why you struggle in these areas. Write down what you believe He is sharing with you.

3. Each day, review the 12 reasons why purity is important.